



Health and Well-being (2024 year)

Akhmet Yassawi University offers informational and educational services on sexual and reproductive health to promote and improve the health of students and staff. These services help ensure the safety and well-being of young people and support them in making informed decisions regarding their health.

Types of services:

1. **Informational and Educational Programs** – Seminars, lectures, and workshops are organized for students and faculty members to raise awareness about reproductive health and its importance.
2. **Medical Counseling** – The university's medical center provides expert advice on reproductive health, family planning, and preventive measures.
3. **Psychological Support** – Students can receive personal and confidential counseling from university psychologists.
4. **Promotion of Healthy Lifestyles** – Information about maintaining health, proper nutrition, and disease prevention is disseminated among students.
5. **Social Projects and Awareness Campaigns** – The university organizes various events to increase awareness of sexual and reproductive health.

You can learn more about Akhmet Yassawi University's Health and Well-being (SDG 3) on their website: <https://ayu.edu.kz/birimler/en/5-surdurulebilir-kalkinma-arastirma-merkezi/saglik-ve-esenlik> and Gender Equality (SDG 5) <https://kazstat.github.io/sdg-site-kazstat/en/5/> In line with the Sustainable Development Goals, Akhmet Yassawi University creates conditions for the health and quality education of young people.

The AI Medical Ambulatory at Akhmet Yassawi University plays a crucial role in the prevention of sexual and reproductive health issues for students and staff. The doctors and medical staff at the ambulatory provide students with information on sexual health protection, contraception methods, and the prevention of sexually transmitted diseases. These services help students make informed decisions and act responsibly.

The AI Medical Ambulatory also offers private counseling services while maintaining confidentiality. These services allow students to openly discuss sexual and reproductive health topics and have their questions answered. The staff at the ambulatory organizes various seminars and training sessions to provide students with the necessary knowledge and skills to maintain their health.

Thus, the Akhmet Yassawi University AI Medical Ambulatory increases access to sexual and reproductive health services and teaches students to live a healthy and responsible life. For more information, please refer to the website: <https://ayu.edu.kz/birimler/en/311-ay-saglik-merkezi/personel>

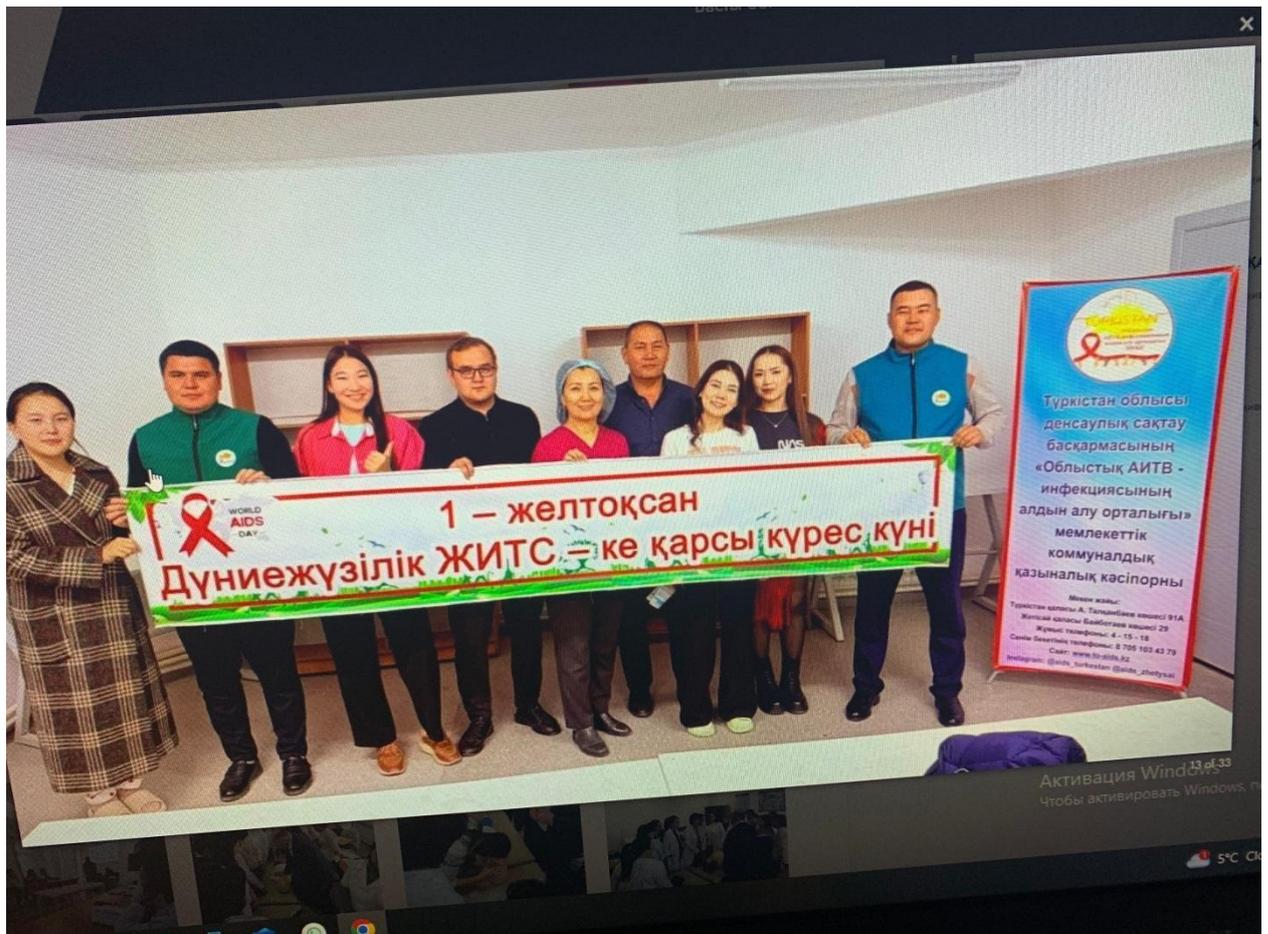
AI Medical Ambulatory Doctors and Nurses Obtained BLS Certification

On December 9, 2024, a seminar-training session was held at the university's Faculty of Medicine to enhance the qualifications of specialists. The session focused on **Basic Life Support (BLS)** skills, with a duration of 6 hours. This training cycle aimed to provide essential skills for emergency medical assistance.

December 1 - World AIDS Day

On December 1, in recognition of World AIDS Day, the university organized an event in the dormitories under the theme "Choose the Right Path." Specialists from the regional HIV prevention center participated in the event and discussed the global and local spread of HIV infection, the epidemiological situation, and the social protection of people living with HIV. They also provided insights into stigma and discrimination.

At the end of the event, a feedback session was held with students, where a Q&A discussion took place. The purpose of the event was to provide students with accurate information about HIV infection, teach them safe behavioral practices, and promote respect for the rights of people living with HIV.





**Director of the Center for Sustainable
Development and Scientific Research**



Tulkinzhon Gaipov